



# SPLIT-FAMILY SUPPORT



## Stay CONNECTED. Even when you're APART.

### Change is hard.

Managing change APART is harder.

Your REA coach will help you feel supported, connected and empowered in your new situation. Together you will create a strategy and tailor your program to help you thrive until the family is reunited.

### Your Coach is a 'change' expert.

Your coach understands how difficult it is to be apart and will help you navigate your new normal with confidence.

### We span the globe.

We're honored to partner with you.

For over 40 years, we've proudly supported thousands of companies and more than 100,000 individuals around the globe, building clarity, strengthening confidence, and creating transformative momentum through every career and life

[WWW.REACAREERS.COM](http://WWW.REACAREERS.COM)

### Exactly what you need, when you need it.

Your coach will tailor your program to meet your needs, on your timeline.

Topics may include:

- Communication + Relationships** at a distance
- Problem Solving** from afar
- Helping Children Manage Separation**
- Creating Structure**
- Building a New Support Network**
- Meaningful Pursuits** (volunteer and educational opportunities)
- Things To Do** (activities, attractions)
- Local Professionals** (healthcare, legal, etc.)

"Being apart really is hard. My coach understood exactly what my family was facing. She shared practical advice and strategies specific to our situation. It helped us stay connected, when we felt so far apart."  
Paula R.